## **Iowa Department of Human Services**

# Children's Mental Health and Wellbeing Workgroup Prevention Services for Improved Children's Mental Health and Wellbeing

#### **Purpose**

To establish and/or expand interventions to promote improved children's mental health and wellbeing throughout the state. Services shall be:

- Community based
- Family driven and youth guided
- Trauma Focused and
- Culturally and linguistically competent.

#### This shall be achieved through:

- Provision of service delivery for prevention services in the designated geographical area that is aligned, effective, non-duplicative and provided by the best possible fit for the family.
- Provision of training and technical assistance to a diverse array of stakeholders
- Support in the establishment and expansion of local collaborative efforts within a designated geographical region
- Development and provision of public awareness materials and updates on state and federal legislative actions in relation prevention services for improved children's mental health and wellbeing

Services shall also include support and technical assistance in collaboration efforts to assure they are a part of a continuum of services and do not duplicate or leave gaps in the broader service array.

#### **Community Entities**

The Agency intends to select up to [# of contractors] community entities that will be responsible for the provision of services within a designated geographical region delivered through an organized community collaborative effort. At a minimum qualified Community Entities shall:

- Demonstrate experience and a strong understanding of how best to work with children and families in order to achieve maximum mental health and wellbeing outcomes.
- Demonstrate an ability to provide and/or administer the delivery of prevention services for improved children's mental health and wellbeing.
- Demonstrate experience and effectiveness in coordinating the efforts of multiple smaller groups working toward the same goal for the purposes of collaboration to improve effectiveness of the groups' efforts to achieve measurable improved outcomes.

Selected community entities will be responsible for coordinating services within their designated geographical area. This includes:

- Establishing and/or expanding prevention services for improved children's mental health and wellbeing through the coordination of a collaborative effort composed of existing community boards, coalitions, and service providers, including Mental Health, Education, Judicial, Child Welfare, Health Care, Juvenile Justice, Substance Abuse, Early Childhood Initiatives, by encouraging and supporting efforts that align with a continuum of prevention and treatment programming and do not duplicate or leave additional gaps in local services.
- Providing direct support and technical assistance to the collaborative in the following areas:
  - Development, implementation and analysis of a community needs assessment.
  - 2. Development implementation and assessment of a community work plan based on the results of the needs assessment.
  - 3. Research, data collection, evaluation and analysis.
  - 4. Understanding funding sources and how to maximize available funding.
  - 5. Selection and implementation of evidence based service delivery models.
  - 6. Cultural competency and issues related to disproportionate representation;
  - 7. Public awareness campaigns and recent changes in the law;
  - 8. Recruitment and retention of collaborative membership.

#### **Desired Community Level Outcomes**

The overarching goals of the collaborative efforts within each defined geographical areas are:

- Improved mental health and wellbeing outcomes for the child population within the designated geographical area.
- The implementation of an effective, aligned model of service provision that provides the best fit for the family without being restrictive or duplicative.
- The development and implementation of a value based purchasing model to support service provision.

### To be Defined

- 1. Term "Prevention Services"
- 2. Geographical areas
- 3. Community needs assessment (i.e. what would it include?)
- 4. Expected work products (Policy, fiscal, regulatory, etc.)